

Likert Mania Scale

Instructions: Read each of the symptoms below and mark and X on the line to the right showing how intense you are feeling that symptom **right now**. The intensity of feeling goes from 0, meaning none, to 10, meaning extreme.

Symptom	0	1	2	3	4	5	6	7	8	9	10
Elated	—	—	—	—	—	—	—	—	—	—	—
On top of the World	—	—	—	—	—	—	—	—	—	—	—
Euphoric	—	—	—	—	—	—	—	—	—	—	—
Irritable	—	—	—	—	—	—	—	—	—	—	—
Restless	—	—	—	—	—	—	—	—	—	—	—
Energetic	—	—	—	—	—	—	—	—	—	—	—
In Charge	—	—	—	—	—	—	—	—	—	—	—
Super Clever	—	—	—	—	—	—	—	—	—	—	—
Speeded Up	—	—	—	—	—	—	—	—	—	—	—
Ecstatic	—	—	—	—	—	—	—	—	—	—	—
Powerful	—	—	—	—	—	—	—	—	—	—	—

Score: _____

Date _____ Patient ID _____