

Likert Depression Scale

Instructions: Read each of the symptoms below and mark and X on the line to the right showing how intense you are feeling that symptom **right now**. The intensity of feeling goes from 0, meaning none, to 10, meaning extreme.

Symptom	0	1	2	3	4	5	6	7	8	9	10
Depressed	—	—	—	—	—	—	—	—	—	—	—
Unhappy	—	—	—	—	—	—	—	—	—	—	—
Fatigued	—	—	—	—	—	—	—	—	—	—	—
Guilty	—	—	—	—	—	—	—	—	—	—	—
Hopeless	—	—	—	—	—	—	—	—	—	—	—
Worthless	—	—	—	—	—	—	—	—	—	—	—
Confused	—	—	—	—	—	—	—	—	—	—	—
Irritated	—	—	—	—	—	—	—	—	—	—	—
Sad	—	—	—	—	—	—	—	—	—	—	—
A failure	—	—	—	—	—	—	—	—	—	—	—
Withdrawn	—	—	—	—	—	—	—	—	—	—	—

The Depression Score is the sum of the numbers above the X that you marked on each line.

Score:_____

Date_____ Patient ID_____